

# Spenco for Her® Cushioning Replacement Insoles

Cat. No. 44-545



## Target Consumer:

Active women seeking softer cushioning with the stability of Q Factor® Technology.

## Recommended For:

Increased shock absorption.  
Advanced support for the arch and heel.  
Improved motion control to reduce pronation and supination.

## Best For Use In:

Athletic, tennis, basketball and training shoes with removable insoles.

## Components\*:

PU, EVA, TPU, PU Gel, Spenco® Material Fabric, Thickness at Heel: 8.26mm (3/8in)  
Thickness at Forefoot: 4.50mm (3/16in)

## Instructions:

Remove existing insole (some brands of shoes glue the insole to the shoe, but careful removal will not damage the shoe). Insert the Spenco For Her™ Replacement Insoles into the shoe. Trim with scissors if necessary.

## Care:

Hand wash in warm water. Air dry.

## Features & Benefits:

- 1 **Forefoot Cushioning** extra forefoot cushioning helps comfort and relieve pain under the ball of foot.
- 2 **Q Factor® Technology** Specifically designed for women to help control the Q-Angle providing proper support and alignment.
- 3 **Air Injected Spenco® Material** Exclusive cushioning layer absorbs shock and impact to provide maximum comfort.
- 4 **Low Friction Top Cloth with Ultra-Fresh Silpure Antimicrobial** helps prevent blisters while controlling odor.
- 5 **Lightweight Polyurethane** design helps cradle the heel and support the arch to create the Q Factor® Technology.
- 6 **Gel Heel Strike Cushion** absorbs shock and returns energy in the key impact zone.

**One-Year Unconditional Guarantee**

## Sizing Chart:

Size	0	1	2	3	4
U.S. Women's	3/4	5/6	7/8	9/10	11/12
U.K.	2/3	4/5	5/6	7/8	9/10
European	32/34	36/38	38/40	40/42	42/44

Call toll-free: 1-800-877-3626  
In Canada: 1-800-387-9538

[www.spenco.com](http://www.spenco.com)



\*Measurements are approximate and vary by size.